	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	NC	VEMI	BER	1	2	3	4
5		6	7	8	9	10	11
12		13 TRYOUTS Seniors - 6:00 - 8:30pm Juniors - 6:00 - 8:30pm Sophomores - 6:00 - 8:30pm Freshmen - 4:30 - 6:00pm	14 TRYOUTS Varsity - 6:00 - 8:30pm JV - 6:00 - 8:30pm Freshmen - 4:30 - 6:00pm	15 TRYOUTS Varsity - 4:00 - 7:30pm JV - 7:00 - 8:30am Freshmen - 7:00 - 8:30am SC30 - 4:30pm - 5:00pm First Round of Cuts	16 Varsity - 4:00 - 7:30pm JV - 3:30 - 5:00pm Freshmen - 3:30 -5:00pm SC30 - 4:30pm - 5:00pm	17 Varsity - 4:00 - 7:30pm JV - 3:30 - 5:00pm Freshmen - 3:30 - 5:00pm SC30 - 4:30pm - 5:00pm Final Cuts	18 Football 2pm Varsity - 5:30pm - 8:00pm JV - 12:00pm - 1:30pm Freshmen - 12:00pm - 1:30pm
19		20 Early Dismissal 12pm Varsity - 4:30 - 7:30pm JV - 2:30 - 4:30pm Freshmen - 2:30 - 4:30pm SC30 - 12:00-12:30pm Media Day - Varsity	21 Early Dismissal 12pm Varsity - 4:30 - 7:30pm JV - 2:30 - 4:30pm Freshmen - 2:30 - 4:30pm SC30 - 12:00-12:30pm	22 Early Dismissal 12pm Varsity - 4:30 - 7:30pm JV - 2:30 - 4:30pm Freshmen - 2:30 - 4:30pm SC30 - 12:00-12:30pm	23 THANKSGIVING No Practice No School	24 Varsity - 11:30am - 3:00pm JV - 10:30am - 1:00pm Freshmen - 10:30am - 1:00pm RB30 - 12:00pm - 12:30pm No School	25 Kentridge Jamboree Varsity 1:30pm/2:30pm JV - 10:30am/11:30am Freshmen - 10:30am/11:30am Away uniforms
26		27 Varsity - 4:00 - 7:30pm JV - 3:30 - 5:00pm Freshmen - 3:30 -5:00pm SC30 - 4:30pm - 5:00pm	28 Varsity - 4:00 - 7:30pm JV - 3:30 - 5:00pm Freshmen - 3:30 -5:00pm SC30 - 4:30pm - 5:00pm	29 Varsity - 4:00 - 7:30pm JV - 7:00 - 8:45am Freshmen - 7:00 - 8:45am SC30 - 4:30pm - 5:00pm	30 Varsity - 4:00 - 7:30pm JV - 3:30 - 5:00pm Freshmen - 3:30 -5:00pm SC30 - 4:30pm - 5:00pm		Updated 1/4/24 #7

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
	DECE	ADED			Varsity @ West Seattle 8:30pm	Varsity - 11:30am - 3:00pm
					JV @ West Seattle 5:30pm	JV - 10:30am - 12:30pm
	DECEI	VIDLIN			Freshmen - 3:30 -5:00pm	Freshmen - 10:30am - 12:30pm
					Varsity Shooting 2:30-3:00pm	SC30 - 12:00pm - 12:30pm
3	4	5	6	7 WALL OF HONOR	8	9
	Varsity - 4:00 - 7:30pm	Varsity vs Rainier Beach 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 7:30 - 10:30am	Varsity vs Nathan Hale 7:30pm	Varsity - 11:30am - 3:00pm
	JV - 3:30 - 5:00pm	JV vs Rainier Beach 5:45pm	JV - 7:00 - 8:30am	JV - No Practice	JV vs Nathan Hale 5:45pm	JV vs Tahoma 12:30pm
	Freshmen - 3:30 -5:00pm	Freshmen vs Rainier Beach 4:00pm	Freshmen - 7:00 - 8:30am	Freshmen - No Practice	Freshmen vs Nathan Hale 4:00pm	Freshmen vs Tahoma 11:00am
	SC30 - 4:30pm - 5:00pm	Varsity Shooting 2:30-3:00pm	SC30 - 4:30pm - 5:00pm	SC30 - 8:00am - 8:30am	Varsity Shooting 2:30-3:00pm	SC30 - 12:00pm - 12:30pm
10	11	12	13 Wrestling Match	14	15 Early Dismissal 12pm	16
	Varsity - 4:00 - 7:30pm	Varsity @ Seattle Prep 7:30pm	Varsity - 2:30 - 4:30pm	Varsity - Curtis Classic TBA	Varsity - Curtis Classic TBA	Varsity - Curtis Classic TBA
	JV - 3:30 - 5:00pm	JV @ Seattle Prep 5:45pm	JV - 7:00 - 8:30am	JV vs Jackson 7:00pm	JV - 3:30 - 5:00pm	JV vs Rogers 12:30pm
	Freshmen - 3:30 -5:00pm	Freshmen @ Seattle Prep 4:00pm	Freshmen - 7:00 - 8:30am	Freshmen vs Jackson 5:30pm	Freshmen - 3:30 -5:00pm	Freshmen vs Rogers 11:00am
	SC30 - 4:30pm - 5:00pm	Varsity Shooting 2:30-3:00pm	SC30 - 4:30pm - 5:00pm			
17 Christmas Break	18 Christmas Break	19 Christmas Break	20 Christmas Break	21 Christmas Break	22 Christmas Break	23 Christmas Break
	Varsity - 11:30am - 3:00pm	Varsity @ Rainier Beach 7:30pm	Varsity - 1:00pm - 4:30pm	Varsity - 11:30am - 3:00pm	Varsity - 11:30am - 3:00pm	Varsity - 11:30am - 3:00pm
	JV - 10:30am - 12:30pm	JV @ Rainier Beach 5:45pm	JV vs Curtis 12:30pm	JV - 10:30am - 12:30pm	JV - 10:30am - 12:30pm	JV - 10:30am - 12:30pm
	Freshmen @ West Seattle 2:30pm	Freshmen @ Rainier Beach 4:00pm	Freshmen vs Curtis 11:00am	Freshmen - 10:30am - 12:30pm	Freshmen - 10:30am - 12:30pm	Freshmen - 10:30am - 12:30pm
	SC30 - 12:00pm - 12:30pm	Varsity Shooting 2:00-2:30pm	SC30 - 1:30pm - 2:00pm	SC30 - 12:00pm - 12:30pm	SC30 - 12:00pm - 12:30pm	SC30 - 12:00pm - 12:30pm
				Alumni Open Gym		
24 Christmas Break	25 Christmas Break	26 Christmas Break	27 Christmas Break	28 Christmas Break	29 Christmas Break	30 Christmas Break
		Varsity - Travel to	Varsity - Torrey Pines Classic			
CHRISTMAS EVE	CHRISTMAS DAY	San Diego	Game 1 TBA	Game 2 TBA	Game 3 TBA	Game 4 TBA
No Practice	No Practice	JV - No Practice	JV - No Practice	JV - No Practice	JV - No Practice	JV - No Practice
		Freshmen - No Practice	Freshmen - No Practice	Freshmen - No Practice	Freshmen - No Practice	Freshmen - No Practice
						Updated 1/4/24 #7

Updated 1/4/24 #7

1	RIDAY SATURDAY 6 - 4:00 - 7:30pm
Varsity - Travel back to Seattle Varsity - 11:30am - 3:00pm Varsity - 4:00 - 7:30pm Varsity vs Blanchet 7:30pm Varsity - 4:00 - 7:30pm Varsity - 4:30pm - 5:00pm SC30 - 4:30pm - 5:00pm Varsity - 4:30pm - 5:00pm Varsity - 4:30pm - 5:00pm Varsity - 4:00 - 7:30pm	Varsity vs Garfield 3:00pm JV vs Garfield 1:30pm JV vs Garfield 1:30pm JV vs Garfield 1:30pm JV vs Garfield 12:00pm JV vs Garfield 12:00pm Varsity Shooting 2:00-2:30pm JS varsity - No Practice JV - No Practice JV - No Practice Freshmen - No Practice Freshmen - No Practice JV - No Practice
Seattle	30 - 5:00pm
Freshmen - 10:30am - 12:30pm	13
Formula of the problem of th	30pm - 5:00pm
7 8 National Championship 9 10 Wrestling Match Varsity - 4:30pm - Film Varsity - 5:00pm - S & C Varsity - 5:30pm - Practice Varsity - 5:30pm - Practice Varsity - 5:30pm - Freshmen - 6:30 -7:30am Varsity - 5:30pm - Practice	13 - 4:00 - 7:30pm
Varsity - 4:30pm - Film Varsity - 3:00 - 4:00pm Varsity vs West Seattle 7:30pm Varsity - No Practice Varsity - 4:00 - 7:30pm Varsity - 4:00 - 7:30pm Varsity - 5:00pm - S & C Varsity - 5:30pm - Practice Varsity - 5:30pm - Practice Varsity - 3:00 - 4:00pm Varsity vs West Seattle 7:30pm JV - No Practice JV - 3:30 - 5:00pm JV - 3:30 - 5:00pm Freshmen vs W. Seattle 4:00pm Freshmen - No Practice Freshmen - 3:30 - 5:00pm Freshmen - 3:30 - 5:00pm	. 4:00 - 7:30pm Varsity - No Practice :30 - 5:00pm JV - No Practice n - 3:30 -5:00pm Freshmen - No Practice
Varsity - 4:30pm - Film Varsity - 3:00 - 4:00pm Varsity vs West Seattle 7:30pm Varsity - No Practice Varsity - No Practice Varsity - 4:00 - 7:30pm JV - 3:30 - 5:00pm JV - 3:30 - 5:00pm Freshmen - 6:30 - 7:30am Freshmen vs W. Seattle 4:00pm Freshmen - No Practice Freshmen - 3:30 - 5:00pm Freshmen - 3:30 - 5:00pm	. 4:00 - 7:30pm Varsity - No Practice :30 - 5:00pm JV - No Practice n - 3:30 -5:00pm Freshmen - No Practice
Varsity - 5:00pm - S & C Varsity - 5:30pm - Practice Freshmen - 6:30 - 7:30am JV vs West Seattle 5:45pm JV - No Practice JV - 3:30 - 5:00pm JV - 3:30 - 5:00pm Freshmen - No Practice Freshmen - 3:30 - 5:00pm Freshmen - 3:30 - 5:00pm	30 - 5:00pm JV - No Practice n - 3:30 -5:00pm Freshmen - No Practice
Varsity - 5:30pm - Practice Freshmen - 6:30 -7:30am Freshmen vs W. Seattle 4:00pm Freshmen - No Practice Freshmen - 3:30 -5:00pm Freshmen	n - 3:30 -5:00pm Freshmen - No Practice
·	
SC30 - 2:30pm - 3:00pm	30pm 3.00pm
Varsity - Film at lunch	
	lo School 20
Varsity - 11:30am - 3:00pm Varsity - 4:30 - 7:30pm Varsity @ Nathan Hale 7:30pm Varsity - 4:30 - 7:30pm Varsity -	4:00 - 7:30pm Varsity vs Seattle Prep 3:00pm
JV - 10:30am - 12:30pm JV - 2:00 -3:30pm JV @ Nathan Hale 5:45pm JV - 12:00 - 1:30pm JV - 10:30	0am - 12:30pm JV vs Seattle Prep 1:30pm
Freshmen - 10:30am - 12:30pm	10:30am - 12:30pm Freshmen vs Seattle Prep 12:00pm
SC30 - 12:00pm - 12:30pm	30pm - 5:00pm Varsity Shooting :00-2:30pm
21 22 23 24 25 26	27
Varsity - 4:00 - 7:30pm Varsity vs Eastside Cath. 7:30pm Varsity - 4:00 - 7:30pm Varsity - 4:00 - 7:30pm Varsity @ E	Blanchet 7:30pm Varsity - 11:30am - 3:00pm
JV - 3:30 - 5:00pm	anchet 5:45pm JV vs Bellevue 12:30pm
Freshmen - 3:30 -5:00pm Freshmen vs Eastside C. 4:00pm Freshmen - 7:00 - 8:45am Freshmen - 3:30 -5:00pm Freshmen @	P Blanchet 4:00pm Freshmen vs Bellevue 11:00am
SC30 - 4:30pm - 5:00pm	oting 2:30-3:00pm SC30 - 12:00pm - 12:30pm
Senior Night	
28 29 30 31	
Varsity - 4:00 - 7:30pm	
JV - 3:30 - 5:00pm JV @ Garfield 5:45pm JV - 7:00 - 8:45am	UARY
Freshmen - 3:30 -5:00pm Freshmen @ Garfield 4:00pm Freshmen - 7:00 - 8:45am	
SC30 - 4:30pm - 5:00pm	

Undated 1/4/24 #7

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2	3
					Varsity @ Eastside Cath. 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 11:30am - 3:00pm
					JV @ Eastside Cath. 5:45pm		
			UARY		Freshmen @ Eastside C. 4:00pm		
					Varsity Shooting 2:30-3:00pm	SC30 - 4:30pm - 5:00pm	SC30 - 12:00pm - 1:00pm
						Wrestling Metro	Wrestling Metro
Ī	ļ	5	6	7	8	9 No School	10
		Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 11:30am - 3:00pm
		, ,	, ,		,	,	
		SC30 - 4:30pm - 5:00pm	SC30 - 4:30pm - 5:00pm	SC30 - 4:30pm - 5:00pm	SC30 - 4:30pm - 5:00pm	SC30 - 4:30pm - 5:00pm	SC30 - 12:00pm - 1:00pm
		METRO PLAYOFFS	METRO PLAYOFFS	METRO PLAYOFFS	METRO PLAYOFFS	METRO PLAYOFFS	DISTRICT PLAYOFFS
ŀ	1		13	14		16	17
	••	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 11:30am - 3:00pm
		Varsity - 4.00 - 7.30pm	Varsity - 4.00 - 7.50pm	varsity - 4.00 - 7.30pm	varsity - 4.00 - 7.50pm	varsity - 4.00 - 7.30pm	varsity - 11.30am - 3.00pm
					5000 400 500		
		SC30 - 4:30pm - 5:00pm	SC30 - 4:30pm - 5:00pm	SC30 - 4:30pm - 5:00pm	SC30 - 4:30pm - 5:00pm	SC30 - 4:30pm - 5:00pm	SC30 - 12:00pm - 1:00pm
ŀ		DISTRICT PLAYOFFS	DISTRICT PLAYOFFS	DISTRICT PLAYOFFS	DISTRICT PLAYOFFS	DISTRICT PLAYOFFS	DISTRICT PLAYOFFS
	1.8		20	21		23	24
		Varsity - 11:30am - 3:00pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity - 11:30am - 3:00pm
		SC30 - 12:00pm - 1:00pm	SC30 - 4:30pm - 5:00pm	SC30 - 4:30pm - 5:00pm	SC30 - 4:30pm - 5:00pm	SC30 - 4:30pm - 5:00pm	SC30 - 12:00pm - 1:00pm
						REGIONAL PLAYOFFS	REGIONAL PLAYOFFS
	25	26	27	28	29		
		Varsity - 4:00 - 7:30pm	Varsity - 4:00 - 7:30pm	Varsity vs TBD	Varsity vs TBD		
		SC30 - 4:30pm - 5:00pm	SC30 - 4:30pm - 5:00pm				
				STATE TOURNAMENT	STATE TOURNAMENT		
-							Updated 1/4/24 #7

Updated 1/4/24 #7

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1	2
			AADCL			Varsity vs TBD	Varsity vs TBD
			MARCH				
						STATE TOURNAMENT	CTATE TOURNAMENT
3		4	5	6	7		STATE TOURNAMENT
10		11	12	13	14	15	16
17	,	18	19	20	21	22	23
24	l e	25	26	27	28	29	30
							Updated 1/4/24 #7