O’DEA IS A CATHOLIC HIGH SCHOOL WHOSE MISSION IS TO EDUCATE YOUNG MEN AND PREPARE THEM TO BE MEN OF CHARACTER, FAITH AND SERVICE.

COLLEGE PREPARATORY ACADEMICS
O’Dea High School is the only all-male Catholic college-preparatory high school in the Pacific Northwest. As an all-boys school, our faculty employs an approach to teaching tailored specifically to the way young men learn. Through Advanced Placement, Honors, College in the High School, and college-prep courses, O’Dea prepares each student to succeed at a post-secondary institution of their choice.

TRADITION OF WINNING, WITH HONOR
Athletic success is a longstanding tradition at O’Dea. With this tradition comes the responsibility to compete, with honor. Success is achieved with hard work and discipline, and is celebrated with sportsmanship and a selfless focus on the team. O’Dea student athletes constantly strive to represent the school and community with pride and dignity.

DIVERSITY
Diversity has been a signature strength of O’Dea’s student body since the school was founded in 1923. Our student body reflects the cultural, ethnic and socio-economic diversity that exists in the greater Seattle region. This diversity is a fundamental part of our community.

BROTHERHOOD
The O’Dea experience fosters unparalleled bonds of brotherhood among students. Our student body enriches these bonds through shared experiences, including participation in the House System, a program dedicated to developing leadership skills and connecting students with each other, their school and the community. These bonds last well beyond graduation, spanning decades, lifetimes, and generations.

STUDENT DEMOGRAPHICS

ALL-MALE STUDENT BODY
O’Dea High School is the only all-male Catholic college-preparatory high school in the Pacific Northwest.

URBAN CAMPUS
O’Dea’s urban campus elevates the traditional high school experience through our location in a vibrant intersection of city life. O’Dea is located across the street from St. James Cathedral, between premier medical facilities, art museums, and college campuses. Our students are exposed to stimulating inner-city experiences that enrich their education.

CATHOLIC EDUCATION
At the core of our foundation is a faith-based Catholic education. Theology coursework, liturgies, retreats, community service, campus ministry and character development are integral components of an O’Dea education.

CATHOLIC IDENTITY

STUDENTS COME FROM 54 CATHOLIC PARTNER SCHOOLS.

STUDENT – TEACHER RATIO: 14:1
AVERAGE CLASS SIZE: 23
ACADEMICS

As a Catholic college-preparatory high school, we have a curriculum that is rigorous and lays the groundwork for success post high school. College-preparatory courses at O'Dea are grouped into eight academic focus areas: English, Fine Arts, International Language, Social Studies, Theology, Mathematics, Physical Education/Health, and Science.

HUMANITIES

English
- English 9
- English 10
- English 11
- English 12
- Sports Journalism I, II

Fine Arts
- Band I, II, III, IV
- Choir I, II, III
- Introduction to Art
- Introduction to Music
- Studio Art I, II
- Video Production

International Language
- Spanish I, II

Social Studies
- American Government
- Modern World History
- The American Legal System I, II
- U.S. History

Theology
- Theology 9
- Theology 10
- Theology 11
- Theology 12

STEM

Mathematics
- Algebra I
- Algebra II/Trigonometry
- Geometry
- Pre-Calculus
- Calculus

Statistics
- Economics
- Accounting
- Personal Finance

Physical Education / Health
- Advanced Physical Preparedness
- General Physical Preparedness
- Introduction to Sports Medicine
- Health I, II
- Strength and Conditioning I, II, III

Science
- Biology
- Chemistry
- Engineering
- Forensic Science
- Physics

HONORS, ADVANCED PLACEMENT, AND SEATTLE U COURSES

Honors Courses
- Algebra II Honors
- Biology Honors
- Chemistry Honors
- English 9 Honors
- English 10 Honors
- Geometry Honors
- Modern World History Honors
- Physics Honors
- Pre-Calculus Honors
- Spanish III Honors

AP Courses
- AP Biology
- AP Calculus AB
- AP English Language
- AP Spanish Language and Culture
- AP U.S. Government and Politics
- AP U.S. History

Seattle University Courses
- English 12 Honors
- Calculus 1 & 2
- Poverty in America

MICROSOFT SHOWCASE SCHOOL

As a recognition of excellence in transforming our students’ learning environment to deliver more personalized education, O’Dea High School was the first school in Seattle to be named a Microsoft Showcase School! As a Showcase School we are in an exclusive community of more than 850 premier schools from around the world, celebrating our pioneering efforts and innovation in rethinking teaching, learning and assessment in order to drive deep 21st century competencies with each student having their own Surface Tablet. O’Dea’s one-to-one single device program enhances our students’ experience of discovery, connection, and collaboration in new and exciting ways. Our students benefit from a curriculum designed to effectively use technology to transform student learning and foster digital citizenship.

SEATTLE UNIVERSITY MATTEO RICCI PARTNERSHIP

O’Dea students have an opportunity to earn up to 15 college credits with an official transcript from Seattle University. These courses are available at the 11-12th grades and taught by O’Dea faculty, with collaboration and oversight from Seattle University faculty.
In line with the vision of Blessed Edmund Rice, our goal is to make available a truly Christian education for all those who desire it. As a Catholic high school, we aspire to meet the needs of every single student in the building whether they were raised in the Catholic faith or those who have no faith background whatsoever. We strive to meet every student where they are in their faith journey to ensure we are welcoming them into a faith community that is diverse and help them grow as young men of character, faith, and service.

**LITURGIES**
The celebration of liturgy is a special way in which our community connects with God. Our liturgies are the traditional center piece of the O’Dea experience where we come together to partake in the Eucharist and to connect with our community and God.

Students can get actively involved in liturgies through the Campus Ministry program serving as Altar Servers, Eucharistic Ministers of Holy Communion, and Lectors. Liturgies take place in St. James Cathedral across the street.

**CHRISTIAN SERVICE LEARNING**
The objective of Christian Service Learning at O’Dea High School is to connect classroom curriculum with community issues and needs. Through preparation, service, and reflection, we inspire our students to feel a sense of responsibility and compassion for those who are vulnerable, and put our faith into action. All students are required to complete a certain number of service hours each year towards graduation.

O’Dea partners with the following organizations providing service opportunities for our students:
- Northwest Harvest
- Providence Regina House
- St. James Cathedral Kitchen & more!

Additionally, the House System will sponsor numerous service projects off-campus each semester. These projects are student-designed and centered around compassion and the needs of the specific organization.

**RETREATS**
Retreats are grounded in our inclusive Catholic community. Through retreats, we seek to welcome every student into an active life full of character, faith, and service. Students of all grade levels have an opportunity to attend a retreat supported by faculty and staff of O’Dea from all disciplines and backgrounds. Retreats offer students an opportunity to grow not only in their faith and relationship with God, but in their relationships with their fellow classmates.

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MEET THE IRISH!

Name: Keegan
Class of 2024
Hometown: Issaquah
Activities: Baseball, National Honor Society, Student Leadership (Mentor Group Captain), Knowledge Bowl
Favorite Class: AP U.S. History
“I am so excited to go to school every day... I can make new memories in class and strengthen my relationships with my friends. I love how everyone here pushes each other to do their best in every aspect of being a student at O’Dea.”

Name: Matthew
Class of 2025
Hometown: West Seattle
Activities: Golf, Student Leadership (Sophomore Limerick House Representative), Digital Media Club
Favorite Class: English & Strength & Conditioning
“I love the energy everyone one brings to class, house games, and sporting events... it makes you feel like you’re at home and not just school.”

Name: Elijah
Class of 2024
Hometown: Renton
Activities: Track, Asian Pacific Islander Club, National Honor Society
Favorite Class: Introduction to Engineering
“I love O’Dea’s easy access academics with the surfaces and different technology used in the classrooms. Having that accessibility makes learning easy and efficient and I look forward to being in class.”

Name: Miles
Class of 2023
Hometown: Seattle (Lake City)
Activities: Basketball, Student Ambassadors
Favorite Class: AP U.S. Government
“I love the competitive environment and high energy; everyone is always cheering for each other and trying to be the best you can be, regardless of the activity.”

Name: Mason
Class of 2023
Hometown: Kent
Activities: Basketball, Black Students United for Excellence, Rhythm & Poetry Club
Favorite Class: English
“I love at O’Dea how you have so many chances to meet different people in clubs and sports that share similar interests.”

Name: Jack
Class of 2023
Hometown: Kirkland
Activities: Soccer, School Vice Captain, National Honor Society, Students Advisors for Equity Council
Favorite Class: AP Statistics
“I love the excitement everyone has to be at O’Dea... it allows in the whole school community. Students want to be here!”

STUDENT LIFE

An active and involved student body forms the foundation of student life at O’Dea. Participation in school sponsored co-curricular activities fosters school spirit and enriches the O’Dea experience.

A DAY IN THE LIFE OF AN O’DEA STUDENT

5:45 AM Wake Up
6:00 AM Get ready & eat breakfast
6:30 AM Commute to school
7:10 AM Zero Period Strength & Conditioning with Coach P
7:55 AM Grab protein shake from the training room & change for class
8:00 AM Socialize with O’Dea brothers in courtyard
8:10 AM School-Wide Prayer & Pledge
8:10 AM AP English Literature and Composition
9:30 AM Head to Mentor Group
9:45 AM Compete in a House Dodgeball Game
10:10 AM Irish Block: Rhythm & Poetry Club meeting
11:15 AM Lunch in the Student Resource Center
11:40 AM Forensic Science Class
1:05 PM US Government & Economics
2:25 PM Head to locker room to change for football
2:35 PM Bus departs O’Dea to Genessee Field for football practice
4:45 PM Bus back to O’Dea
5:00 PM Head home
5:30 PM Dinner
6:00 PM Study for AP Calculus exam and finish Spanish homework
7:00 PM Microsoft Teams Study Session with classmates for Theology Quiz
7:45 PM Complete Studio Art Painting on Adobe Fresco
8:30 PM Chill before bed
10:00 PM Lights out

CLUBS ARE AVAILABLE TO ALL STUDENTS AND MEET DURING THE SCHOOL DAY. A SAMPLING OF THE CURRENT CLUB OFFERINGS INCLUDE:

- National Honor Society (NHS)
- DECA
- Digital Media Club
- Black Students United for Excellence
- Asian & Pacific Islander Cultural Club
- Student Advisors for Equity (SAFE)
- Rhythm & Poetry
- Brothers for Others
- Makers Club
- Technology Ambassadors
ATHLETICS

The athletic program is an extension of the school mission; participation prepares our young men to be men of character, faith, and service. Coaches strive to teach to the whole self and make athletics a learning environment both on and off the field. Athletic success is a longstanding tradition at O’Dea High School, and with this tradition comes the responsibility to compete, with honor.

STRENGTH & CONDITIONING PROGRAM

Belief, Accountability, Toughness, and Leadership.

The O’Dea Strength and Conditioning program provides safe and effective age-appropriate workouts and exercises to eliminate injury and improve the physical condition of our student-athletes. All students are able to take advantage of workouts and each sport has tailored strength and conditioning programming created. Students can take up to 4 years of grade-level specific classes to develop and grow for sports performance.

ATHLETICS

FALL
Football – Golf – Cross Country

WINTER
Basketball – Wrestling – Swimming & Diving

SPRING
Baseball – Soccer – Track & Field – Tennis – Lacrosse

STATE CHAMPIONSHIPS
23

ACADEMIC STATE CHAMPIONSHIPS
10

METRO LEAGUE ALL SPORTS TITLES
35

METRO LEAGUE CHAMPIONSHIPS
133

STATE CHAMPIONSHIPS
10

ACADEMIC STATE CHAMPIONSHIPS
35

METRO LEAGUE ALL SPORTS TITLES
133
NOTICE OF NON-DISCRIMINATION

O’Dea High School admits students of any race, color, national or ethnic origin to all rights, privileges, programs and activities generally accorded or made available to students at the school. O’Dea does not discriminate on the basis of race, color, national or ethnic origin in administration of its educational policies, admission policies, financial aid, athletic programs or other school-administered programs.

QUESTIONS? PLEASE CONTACT:

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Visit ODEA.ORG for up-to-date information on open houses, tours, and to apply!


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