## **COVID-19 Symptom Flow Chart**











Is a close contact<sup>3</sup>.
See Page 2.

Has symptom(s).
See Page 2.

#### **SCREEN STAFF OR STUDENT FOR COVID-19**

- NO symptoms
- **NO** COVID-19 diagnosis
- **NO** close contact of someone with COVID-19
- Had ONLY ONE short-term symptom<sup>1</sup>: fatigue; headache; muscle pain/body ache; sore throat; congestion/runny nose; nausea or vomiting; or diarrhea.
- Symptom lasted less than 24 hours.
- NO close contact of someone with COVID-19

- NO symptoms
- Tested NEGATIVE, awaiting test results or HAS NOT BEEN tested
- Close contact of someone with COVID-19



- NO symptoms
- **Tested POSITIVE** for COVID-19



- 1 or more symptoms for any duration
- Tested NEGATIVE for COVID-19 or given alternative diagnosis
- NO close contact of someone with COVID-19





• 1 or more symptoms for

awaiting test results or

**HAS NOT BEEN TESTED** 

someone with COVID-19

**NO close contact** of

any duration

Tested POSITIVE,

- 1 or more symptoms for any duration
- Tested NEGATIVE, awaiting test results or HAS NOT BEEN tested
- Close contact of someone with COVID-19





CAN go to school



can go to school (if symptom has resolved)



cannot go to school (can learn remotely)



CANNOT go to school (can learn remotely)



**CANNOT**go to school
(can learn remotely)



cannot go to school (can learn remotely)



cannot go to school (can learn remotely)



Can return to building after quarantining for 14 days<sup>3</sup> from last date of Close Contact <u>IF</u> no symptoms develop during that 14-day time period.

If symptoms develop, get tested (or retested).

Can return to building after isolating for 10 days since the date of positive PCR test collection.

Can return to building after 24 hours have passed since fever resolved (without medication) AND symptoms have improved.

**OR** If alternative diagnosis by health care provider, follow provider directions and isolate per condition diagnosed (whichever isolation is longer).

Can return to building 10 days after symptoms started AND at least 24 hours have passed since fever resolved (without medication) AND symptoms have improved.

If person has one short-term symptom<sup>1</sup> and no positive COVID-19 test, see page 2 for return schedule.

Can return to building after quarantining for 14 days from last date of close contact.

# **COVID-19 Symptom Flow Chart**





#### COVID-19 SYMPTOMS<sup>2</sup>

- Fever (100.4°F / 38°C or higher)
- Cough
- Loss of taste or smell
- Chills
- Shortness of breath or Difficulty breathing

<sup>2</sup>That are not explained by a preexisting condition, such as asthma.

Fatigue

- Headache
- Muscle pain or body aches
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

<sup>1</sup>A **short-term symptom** is defined as: A person has **only one of the following symptoms** (fatigue; headache; muscle pain or body aches; sore throat; congestion or runny nose; nausea or vomiting; or diarrhea) **AND** the symptom begins and resolves in less than 24 hours **AND** no known COVID-19 exposure (close contact).

A person can return to school the next day if the short-term symptom resolves. A COVID-19 test is not required.



### **CLOSE CONTACT DEFINITION<sup>3</sup>**

"Close Contact" includes anyone in one or more of the following categories:

- Been within 6 feet (2 meters) of a person with COVID-19 for a combined total of 15 minutes or more within a 24-hour period
- Live in the same household as a person with COVID-19
- Cared for a person with COVID-19
- Been in direct contact with saliva or other body secretions from a person with COVID-19 (for example: been coughed on, kissed, shared utensils, etc.)

Public Health will help identify close contacts.

#### If you've been exposed to someone with COVID-19 and you have no symptoms, Public Health recommends the following:

- 1. Stay in quarantine for 14 days after your last contact. This is the safest option.
- 2. If this is not possible, stay in quarantine for 10 days after your last contact, without additional testing.
- 3. If the first two options are not possible, stay in quarantine for 7 full days beginning after your last contact <u>and</u> if you receive a negative test result (get tested no sooner than day 5 after your last contact). This option depends on availability of testing