

WEIGHT ROOM SCHEDULE FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3 6:15am-7am All Sports 7:10-8am Zero Period 2:30-3PM BASEBALL 3:05-3:35 all Sports 4:30-5PM BASKETBALL TEAM	4 6:15am-7am All Sports 7:10-8am Zero Period 2:30pm-3:00Lax 3:05-3:35 BASEBALL 3:40-4:10 all Sports 4:30-5PM BASKETBALL TEAM	5 2:30-3PM BASEBALL 3:05-3:35 all Sports 4:30-5PM BASKETBALL TEAM	6 6:15am-7am All Sports 7:10-8am Zero Period 2:30pm-3:00Lax 3:05-3:35 BASEBALL 3:40-4:10 all Sports 4:30-5PM BASKETBALL TEAM	7 OFF	8
9	10 6:15am-7am All Sports 7:10-8am Zero Period 2:30-3PM BASEBALL 3:05-3:35 all Sports 4:30-5PM BASKETBALL TEAM	11 6:15am-7am All Sports 7:10-8am Zero Period 2:30pm-3:00Lax 3:05-3:35 BASEBALL 3:40-4:10 all Sports 4:30-5PM BASKETBALL TEAM	12 2:30-3PM BASEBALL 3:05-3:35 all Sports 4:30-5PM BASKETBALL TEAM	13 6:15am-7am All Sports 7:10-8am Zero Period 2:30pm-3:00Lax 3:05-3:35 BASEBALL 3:40-4:10 all Sports 4:30-5PM BASKETBALL TEAM	14 OFF	15
16	17 OFF	18 6:15am-7am All Sports 7:10-8am Zero Period 2:30pm-3:00Lax 3:05-3:35 BASEBALL 3:40-4:10 all Sports 4:30-5PM BASKETBALL TEAM	19 2:30-3PM BASEBALL 3:05-3:35 all Sports 4:30-5PM BASKETBALL TEAM	20 6:15am-7am All Sports 7:10-8am Zero Period 2:30pm-3:00Lax 3:05-3:35 BASEBALL 3:40-4:10 all Sports 4:30-5PM BASKETBALL TEAM	21 OFF	22
23	24 6:15am-7am All Sports 7:10-8am Zero Period 2:30-3PM BASEBALL 3:05-3:35 all Sports 4:30-5PM BASKETBALL TEAM	25 6:15am-7am All Sports 7:10-8am Zero Period 2:30pm-3:00Lax 3:05-3:35 BASEBALL 3:40-4:10 all Sports 4:30-5PM BASKETBALL TEAM	26 2:30-3PM BASEBALL 3:05-3:35 all Sports 4:30-5PM BASKETBALL TEAM	27 6:15am-7am All Sports 7:10-8am Zero Period 2:30pm-3:00Lax 3:05-3:35 BASEBALL 3:40-4:10 all Sports 4:30-5PM BASKETBALL TEAM	28 OFF	29
1	2 6:15am-7am All Sports 7:10-8am Zero Period 2:30-3:30PM FOOTBALL 3:30-4 All Sports	3 6:15am-7am All Sports 7:10-8am Zero Period 2:30-3:30PM FOOTBALL 3:30-4 All Sports	4 2:30-3:30PM FOOTBALL 3:30-4 All Sports	5 6:15am-7am All Sports 7:10-8am Zero Period 2:30-3:30PM FOOTBALL 3:30-4 All Sports	6 6:15am-7am All Sports 7:10-8am Zero Period 2:30-3:30PM FOOTBALL 3:30-4 All Sports	7