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Weekly news for current families of O'Dea High School

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#### JULY 1, 2019 - JULY 7, 2019

## Weekly Schedule

<u>Monday, July 1st</u>

\*Fighting Irish Basketball Camp \*Intro to the Weight Room for Freshmen

Tuesday, July 2nd \*Fighting Irish Basketball Camp

#### Wednesday, June 3rd

\*Fighting Irish Basketball Camp \*Weight Room Opens for Freshmen

<u>Thursday, July 4th</u> \*Weight Room CLOSED

Friday, July 5th \*Weight Room CLOSED

Please click <u>HERE</u> to view the entire O'Dea Calendar.

# Main Office Parking Applications

Parking applications for the 2019 – 2020 school year are now available online. Click <u>HERE</u> to view. Please be aware that there are a very limited number of spots available. Applications are due by Friday, August 16th.

## Academics & Counseling Surface Tablets - Important Dates

O'Dea's technology department will be offering support over the summer to help families in need of a Surface and prepare them for the upcoming school year. **Please click** <u>HERE</u> to let us know if you plan on attending!

#### **Choosing a Device**

O'Dea's Director of Educational Technology will be available to help families choose the right device from 10AM – 4PM at local Microsoft Stores on the following dates: **July 24th** (Bellevue Store) and **July 25th** (University Village Store).

#### Surface Set-Up

If your student needs help setting up their device, Mr. Olinger will be at O'Dea from 9AM – 4PM on the following dates: **August 19th, 20th and 21st.** 

#### Parent Information Night

Mr. Olinger will also be hosting a parent night at O'Dea to introduce parents to our technology environment from 6PM – 8PM on the following evenings: **August 20th and 22nd.** 

Please contact <u>David Olinger</u>, Director of Educational Technology, with any questions or visit our <u>O'Dea Website</u>. Thank you!

#### **Summer Reading List**

Please click <u>HERE</u> to view the summer reading list for all of next year's English courses and Honors Modern World History. The required books for each course must be read before the beginning of the school year. If you have any questions regarding the books, or the list, please contact your son's teacher(s). Thank you.

## Athletics Summer Weight Room

The weight room opens to all Sophomores, Juniors and Seniors on Wednesday, June 26th and will be open until Thursday, August 8th. Below are the hours:

#### Varsity Football

M, W, TH / 7:00 – 8:30AM T / 8:00 – 9:30AM

**JV Football** M, W, TH – 8:30 – 10AM T / 8:00 – 9:30AM

## All Other Student Athletes

M, T, W, TH 10:00 – 11:00AM 11:00 – 12:00PM 12:00 – 1:00PM 1:00 – 2:00PM

## Freshmen (beginning July 3rd)

M, W / 3:00 – 4:00PM

Please contact Director of Strength & Conditioning, <u>Paxton Paynter</u>, with any questions and continue to check the <u>O'Dea Website</u> for updates. Go Irish!

## **Golf Tryouts**

Attention prospective O'Dea golfers. Below is a message from Head Coach, Brian Vaughan.

Tryouts for the 2019-2020 O'Dea golf team will be held Monday August 26th and Tuesday August 27th

At 1:00 at Jefferson Park Golf Course. Play will consist of 36 holes from the blue tees, 18 each day.

The first tee time will be 2:00. Registration and warm ups start at 1:00.

Bring food, drink & sunscreen.

Golf is a cut sport. Nine players will make team.

Seniors must beat the Frosh and Sophomores by 10 strokes -

The low six scores will make team & Coach Vaughan will make 3 "coaches picks."

Some cuts could be made after first 18 holes.

Please e-mail Coach Vaughan (<u>2vonhome@comcast.net</u>) by August 15<sup>th</sup> if you plan to try out. All participants must have an emergency card, physical form, parent approval and student information form, concussion form and sudden cardiac arrest (sca) on record with school BEFORE tryouts. These are all available on the O'Dea website.

Thank you, Coach Vaughan

# Faith & Service Summer Service Opportunities

The summer is a great time to get started early on next years service requirement! Incoming freshmen, please keep track of your hours manually. Once the school year begins you will be trained on how to use our online logging system called X2vol. After that training you will be required to track your hours online.

Here are a number of local service opportunities available this summer:

#### Multi-Church VBS DayCamp in White Center

This camp is from July 22-25, 2019 at White Center Heights Park. Volunteers are needed from approx. 12PM-5PM to be a crew leader, game leader, set-up/tear down crew, security, and or help with music/drama. A 2 hour orientation training is required and volunteers need to be followers of Christ. Contact Angle Skoog at 206-248-1341 if you are interested.

#### **Outdoors for All**

Volunteer to help at a summer day camp for kids with disabilities, helping them learn to master different outdoor activities such as riding a bike, swimming, and other fun summer activities! Click <u>HERE</u> to learn more.

### The Youth Tutoring Program of Catholic Community Services

This summer learning program is from July 8th through August 15th and serves nearly 120 students in 1st - 8th grade who live in affordable public housing communities across Seattle. Students come from diverse backgrounds. Volunteers work with small groups of 3-4 students on a variety of literacy and math activities. Students must be at least 14 to volunteer and are guided by a professional staff. The minimum commitment is 1.5 hours per week, but it's possible to volunteer multiple days and times. Below are the six tutoring centers

- Rainier Vista (Rainier Valley/Columbia City) M-Th: 2:00-3:30PM and 3:45-5:15PM
- New Holly (South Beacon Hill) M-Th: 1:30-3:00PM and 3:10-4:40PM
- Lake Washington Apartments (Rainier Beach) M/W 12-1:30PM & 1:40-3:10PM and Arts/Science on T 1-3PM
- High Point (West Seattle) M-Th: 2:00-3:30PM and 3:45-5:15PM
- Jackson Park (Lake City) M-Th: 12-1:30PM and 2:00-3:30PM
- Yesler Terrace\*(First Hill) M-F 9-10:20 AM & 10:40AM-12PM

\*The Yesler Terrace program is a summer school program, and volunteers work in a classroom with two teachers, helping at math and literacy learning stations.

To get started fill out the <u>Youth Tutoring Program application</u>.

#### Loop the Lupe Race for a Cure

Volunteers are needed for many different roles on race day. Event registration, on-course obstacle helpers, finish line festival help and course builders are needed to support the hard-working individuals donating their time to make this community event happen! Click <u>HERE</u> to learn more.

#### Cathedral Kitchen

Help serve food after school to people in need right across the street. Contact: Teddi Callahan at <u>tcallahan@stjames-cathedral.org</u>

#### Treehouse

Help support youth in Foster Care. Contact: Megan Meyer at <u>meganm@treehouseforkids.org</u>

#### **Bloodworks Northwest**

Work the recovery table, support blood donors, help save lives. Contact: Jaclyn Ng at <u>JNg@Bloodworksnw.org</u>

## St. Vincent De Paul

Reach out to those in need in the various services of SVDP. Contact: Meghan Gescher at <u>Volunteer@svdpseattle.org</u>

### **Skyline Retirement Home**

Within walking distance from O'Dea! Be a compassionate companion for the elderly, play games, visit, and listen. Contact: Jesse Fish at j<u>fish@skylineseattle.org</u>

### Seattle Public Library

Get involved as a learning buddy at the Library. Contact: Summer Hayes at <u>teencenter@spl.org</u>

#### Westside Baby

Support mothers and babies in need. Contact: Mari Litzenberger at

### **Catholic Community Services**

Respond to those who reach out to the Catholic Church for aid. Contact: Eden Amital at <u>EdenA@ccsww.org</u>

## Looking Ahead Important Dates to Remember

<u>August 21st</u> - Football Begins <u>August 26th</u> - Cross Country & Golf Begin <u>August 26th</u> - First Day of School (Freshmen & Transfers) <u>August 28th</u> - First Day of School (Returning Students) <u>September 2nd</u> - No School, Labor Day <u>September 17th</u> - Senior Parent, College Info Night <u>September 17th</u> - Back to School Night

Click here to view the full O'Dea calendar!



#### Character. Faith. Service.



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