

JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31 Varsity returns from San Diego JV Off Freshmen Off	1 NEW YEARS DAY No Practice	2 Varsity - 12:00pm-3:00pm JV - 12:00pm-3:00pm Freshmen - 10:00am-12:45pm SC45 - 12:00pm-12:45pm	3 Varsity - 12:00pm-3:00pm JV - 12:00pm-3:00pm Freshmen - 10:00am-12:45pm SC45 - 12:00pm-12:45pm	4 Varsity @ Garfield 8:30pm JV @ Garfield 5:30pm Freshmen - 10:00am-12:00pm	5 Varsity - 12:00pm-3:00pm JV - 12:00pm-3:00pm Freshmen - 10:00am-12:45pm SC45 - 12:00pm-12:45pm Metro League Bye
6	7 Varsity - 4:30 - 7:30pm JV - 4:30 - 7:30pm Frosh @ Garfield 7:00pm SC30 - 4:30-5:00pm	8 Varsity vs Eastside C. 7:30pm JV vs Eastside C. 5:45pm Freshmen - 2:45 -5:00pm Winter Open House	9 Varsity - 4:30 - 7:30pm JV - 4:30 - 7:30pm Freshmen - 2:45 -5:00pm SC30 - 4:30-5:00pm	10 Varsity - 2:30 - 5:00pm JV - 6:15 - 7:45am Frosh @ Nathan Hale 7:30pm SC30 - 4:30-5:00pm -Varsity Wrestling Home 6:00pm	11 Varsity @ Nathan Hale 8:30pm JV @ Nathan Hale 5:30pm Freshmen - 2:45 -5:00pm Winter Sports Assembly	12 Varsity - No practice JV vs Curtis 12:30pm Frosh vs Curtis 11:00am
13	14 FINALS - 12pm Dismissal Varsity - 4:30 - 6:45pm JV - 2:30 - 5:00pm Freshmen - 2:30 -5:00pm SC30 - 4:30-5:00pm	15 FINALS - 12pm Dismissal Varsity @ Ingraham 7:30pm JV @ Ingraham 5:45pm Frosh @ Ingraham 4:00pm	16 FINALS - 12pm Dismissal Varsity - 4:30 - 6:45pm JV - No practice Freshmen - No practice SC30 - 4:30-5:00pm	17 FINALS - 12pm Dismissal Varsity - 4:30 - 6:45pm JV - 2:30 - 5:00pm Freshmen - 2:30 -5:00pm SC30 - 4:30-5:00pm Wrestling Away	18 Varsity vs Blanchet 7:30pm JV vs Blanchet 5:45pm Frosh vs Blanchet 4:00pm NO SCHOOL	19 Varsity - 2:00pm-5:00pm JV vs Kentwood 12:30pm Freshmen - 10:00am-12:00pm SC45 - 2:00pm-2:45pm
20	21 Varsity - 12:00pm-2:30pm JV - 10:00am-12:45pm Freshmen - 10:00am-12:45pm SC45 - 12:00pm-12:45pm MLK DAY - NO SCHOOL	22 Varsity @ Franklin 7:30pm JV @ Franklin 5:45pm Frosh @ Franklin 4:00pm Wrestling Home 6:30pm	23 Varsity - 4:30 - 7:00pm JV - 4:30 - 7:00pm Freshmen - 2:45 -5:00pm SC30 - 4:30-5:00pm	24 Varsity - 4:30 - 7:00pm JV - 2:45 - 5:00pm Freshmen - 2:45 -5:00pm SC30 - 4:30-5:00pm Wrestling Away	25 Varsity vs Roosevelt 7:30pm JV vs Roosevelt 5:45pm Frosh vs Roosevelt 4:00pm Winter Ball	26 Varsity - 12:00pm-2:30pm JV - 10:00am-12:45pm Freshmen - 10:00am-12:45pm SC45 - 12:00pm-12:45pm
27	28 Varsity - 6:00 - 8:30pm JV - 6:00 - 8:30pm Frosh vs Lakeside 5:00pm SC30 - 6:00-6:30pm	29 Varsity @ Cleveland 7:30pm JV @ Cleveland 5:45pm Frosh vs Blanchet 5:00pm	30 Varsity - 6:00 - 8:30pm JV - 3:30 -6:30pm Frosh vs Seattle Prep 5:00pm SC30 - 6:00-6:30pm	31 Varsity - 6:00 - 8:30pm JV - 6:30 - 7:45am Frosh @ Cleveland 7:30pm SC30 - 6:00-6:30pm	1 Alumni Night Varsity vs Seattle Prep 7:30pm JV vs Seattle Prep 5:45pm Frosh vs Seattle Prep 4:00pm Senior Night	

SC - Strength & Condition with Coach Paynter - Late practice goes before. Early practice goes after. All times listed include SC. ALL TIMES ARE SUBJECT TO CHANGE