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Weekly news for current families of O'Dea High School

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O'DEA FAMILY BULLETIN

JULY 9, 2018 - JULY 15, 2018

Weekly Schedule

Special Note: Freshmen do not have weight room on Thursday, July 5th.

[Monday, July 9th](#)

*Weight Room Schedule

- Football A Group 7am-8:15am
- Football B Group 8:30am-9:45am
- Football/Basketball/Wrestling 10am-11:15am
- Swim/Lax/Baseball 11:30am-12:45pm
- All Other Athletes 1pm-2:15pm
- Freshmen 3pm-4pm

[Tuesday, July 10th](#)

*Weight Room Closed

[Wednesday, July 11th](#)

*Weight Room Schedule

- Football A Group 7am-8:15am
- Football B Group 8:30am-9:45am
- Football/Basketball/Wrestling 10am-11:15am
- Swim/Lax/Baseball 11:30am-12:45pm
- All Other Athletes 1pm-2:15pm
- Freshmen 3pm-4pm

[Thursday, July 12th](#)

*Weight Room Schedule

- Football A Group 7am-8:15am
- Football B Group 8:30am-9:45am
- Football/Basketball/Wrestling 10am-11:15am
- Swim/Lax/Baseball 11:30am-12:45pm
- All Other Athletes 1pm-2:15pm

[Friday, July 13th](#)

*Weight Room Closed

Please click [HERE](#) to view the entire O'Dea Calendar.

Main Office

Office Closed

The Main Office will be closed the week of July 16th through the 20th. Thank you!

Academics & Counseling

Summer Reading List

Please click [HERE](#) to view the summer reading list for all of next year's English courses. The required books for each course must be read before the beginning of the school year. If you have any questions regarding the books, or the list, please contact Assistant Principal of Academics, [Dr. Gregory Cox](#).

Faith & Service

Summer Service Opportunities

Get started on your service hours this summer!

Each academic year all students are required to log 25 service hours to be completed by May 1st. Service hours are a graduation requirement. Get started now by beginning to fulfill your service hours over the summer. **All incoming freshmen can begin as well; please keep track of all hours manually until school begins and you receive your service learning orientation**. Please note that hours over 25 do not roll over to the next year, but do count as points towards the House Cup.

Returning students with an existed X2vol account, remember to log your hours as you go. If you have a smartphone, download the X2vol App to make it even easier to keep track of your hours right from your phone. Can't remember how to log hours? Click [HERE](#) for the tutorial video. Password trouble? Email [Barbara Verzemnieks](#) in the Main Office. Not sure what counts as service? Click [HERE](#).

Athletics

Fall Sports

Below are some important dates to remember for those student-athletes interested in playing sports this fall. Please note that all participation forms must be completed before the below dates. These forms will be done online this year; more information on that coming soon.

Football

- First Frosh Football Practice - August 15th @ 2:30pm (meet @ O'Dea)
- Frosh Parent Meeting - August 20th @ 1:30pm in the Gym
- Football practices for the remainder of the month of August are on the 16th, 17th, 20th, 21st, 22nd, 23rd, 24th, 28th, 29th, 30th, 31st @ 2:30pm

Golf

- Golf Tryouts - August 21st and 22nd @ 10:15am - Jefferson Golf Course
- If your son will be trying out for golf, please email [Coach Vaughn](#) by August 7th.
- Bring food and water on both days.

Cross Country

- Practice - August 20th and 21st @ 10am (meet at O'Dea)
- Practice - August 22nd, 23rd and 24th @ 2:30pm
- Practice - August 25th @ 9am

Please direct any questions regarding Fall Sports to Athletic Director, Monte Kohler, at odad@odea.org or 206.624.2068.

Looking Ahead

Important Dates to Remember

[August 15th](#) - Football Begins

[August 20th](#) - Cross Country Begins

[August 21st](#) - Golf Begins

[August 23rd](#) - First Day of School

[Click here to view the full O'Dea calendar!](#)

ODEA.ORG

Character. Faith. Service.

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