

# FROSH FUNDAMENTALS REGISTRATION FORM

REGISTRATION IS AVAILABLE ONLINE AT:  
[odea.org/athletics/summer-camps/](http://odea.org/athletics/summer-camps/)

Registration and payment due:  
Monday, June 4, 2018

## SEND REGISTRATION TO

O'Dea High School / Attn: Frosh Fundamentals  
802 Terry Ave / Seattle, WA 98104  
Make checks payable to: O'Dea High School

Name (last) \_\_\_\_\_ (first) \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_

Parent(s) Names \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_

Position: \_\_\_\_\_

Cost is \$50.00 per player for all 6 sessions.  
Sessions run from 5:00pm to 7:00pm, Mondays  
and Wednesdays, June 4th through June 20th.

Total Enclosed/Charge \$ \_\_\_\_\_

Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_ Security Code \_\_\_\_\_

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

Billing Address  Same as above

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

*Medical Release on backside. Please complete both  
sides, detach, and return with payment.*



## BASKETBALL FROSH FUNDAMENTALS

For the Class of 2022

Mondays & Wednesdays  
June 4 – 20, 2018  
5:00pm to 7:00pm

# BROTHERHOOD & DISCIPLINE

All members of the class of 2022 are welcome to come join in this six session fundamental series. Players will learn the basic skills of the game of basketball while also getting an early introduction to the Fighting Irish Basketball Program. Varsity, JV and Freshmen coaches will run these two hour sessions, teaching players the skills and drills that will be implemented in the regular season.

Cost is \$50.00 per player for all 6 sessions. Sessions run from 5:00pm to 7:00pm, Mondays and Wednesdays, June 4th through June 20th.

To sign up, fill out the information on the back of this flyer and mail with payment to:

O'Dea High School  
Attn: Frosh Fundamentals  
802 Terry Ave  
Seattle, WA 98104

## OBJECTIVES

Teach fundamental skills: ball handling, shooting, one-on-one moves, boxing out and rebounding, offensive and defensive footwork.

Introduce team skills: passing, screening, moving without the ball, passing to an open man, team defensive concepts.

## COACHING STAFF

O'Dea High School Varsity, JV and Freshmen Coaches



# ADDITIONAL INFORMATION

REGISTRATION IS AVAILABLE ONLINE AT:  
[odea.org/athletics/summer-camps/](http://odea.org/athletics/summer-camps/)

## ITEMS TO BRING/WEAR

Proper workout attire, shoes and water bottle. Please do NOT bring your basketball – basketballs will be provided.

## FEES/CANCELLATION

COST: \$50  
(No refunds after the first day of camp.)

## REGISTRATION AND PAYMENT

Please make all checks payable to O'Dea High School (no cash payments) and mail to:

O'Dea High School  
Attn: Frosh Fundamentals  
802 Terry Ave  
Seattle, WA 98104

Walk-ups will be accepted.

## QUESTIONS

Please contact: Head Basketball Coach  
206-923-7568 or [jckerr@odea.org](mailto:jckerr@odea.org)



# MEDICAL RELEASE FORM

THE MEDICAL RELEASE FORM IS AVAILABLE ONLINE AT:  
[odea.org/athletics/summer-camps/](http://odea.org/athletics/summer-camps/)

I verify that (Camp Participant) \_\_\_\_\_

Is medically insured with (Provider) \_\_\_\_\_

Policy Number \_\_\_\_\_

Has dental insurance with (Provider) \_\_\_\_\_

Policy Number \_\_\_\_\_

The above insurance effectively covers any medical or dental cost incurred as a result of participation in the O'Dea Frosh Fundamentals. Further, I authorize the Coaching staff at the O'Dea Frosh Fundamentals to seek any necessary emergency medical or dental treatment my child may need during the course of camp.

Parent Signature \_\_\_\_\_

Current Medications \_\_\_\_\_

Current Allergies \_\_\_\_\_

## ACKNOWLEDGEMENT OF RISK

As the parent/guardian of (Camp Participant) \_\_\_\_\_

I acknowledge the potential risk of injury related to participating in football and the physical activities associated with participation in the O'Dea Frosh Fundamentals. I knowingly and voluntarily on behalf of the camp participant accept the risk of all such injuries that could occur due to participation in the camp.

Parent/Guardian Signature \_\_\_\_\_

Front and back copy of insurance card is required to participate in camp activities. Please include with registration.