O'DEA TODAY

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Message from the Principal

Dear Parents, Students, Faculty and Friends of O'Dea High School,

Welcome back to the month of February! We hope that the Spring Break for children and teachers was a time of rest and rejuvenation. Our students returned to a very busy week. We had the annual observance of Catholic education in the United States - Catholic Out Loud. Throughout the week, students had the opportunity to participate in various activities that highlighted our Catholic faith and our Catholic identity. Students had the opportunity to participate in a Mass, a Rosary, a Holy Hour, Eucharistic Adoration, Reconciliation, a Catholic Trivia contest, Wear Your Faith day, and a Catholic Jeopardy competition.

Our theme for the week was "Catholic Schools Raise Saints" and we had a wonderful time celebrating our Catholic identity and our Catholic schools. We thank our Campus Ministry team, our Religious Studies department, our Mission Advancement team, our Student Council, our Student Ambassadors, our Student Leadership Team, our Faculty and Staff and each day together is proof, however, we strive to be a community of faith, hope, and love and we are blessed to be a part of this community.

Let us continue to pray and encourage O'Dea's contribution to Catholic education and the Catholic community in our city, our country, our world and our Church.

Jonathan Bellan
Principal
O'Dea High School

Monthly Calendar

- February 2nd - Catholic Schools Week
- February 3rd - Wear Your Favorite Sports Team
- February 13th - Ash Wednesday
- February 14th - Valentine's Day

Athletics

Winning with Honor

Athletic Director Kevin Cashman, Football Announcer & Hockey Coach, and the Christian Brothers Foundation (CBF) Foundation presented an inclusion of the Washington State WIAA 2019 Sportsmanship Award to the O'Dea Girls Soccer Team. The WIAA Sportsmanship Award is the only award given by the Washington State Athletic Association (WIAA) to honor a team for its sportsmanship, ethics, and character.

Basketball

Girls' Basketball Season Ends with a postseason run and an upset. The Leopards ran championship with dropped only one game in the regular season and finished second in the Greater Spokane League. Senior Kaylee Hartung was named Player of the Year and Senior Ashley Hansen was named Defensive Player of the Year and Senior Teresa Tiffany was named a league Coach of the Year. Hartung and Tiffany were also named to the all-league team. Hansen was also named to the all-defensive team. Hartung, Hansen, and Tiffany were also named to the all-tournament team.

The Knights ended their shortened Girls Hoop season with a 2-4 record. Senior Kate Dunn was named to the all-tournament team. Senior Kate Dunn and Senior Ashley Hansen were named to the all-defensive team.

Wrestling

Congratulations to 107 Cruz Hall, student-athlete and coach, who placed second at the Washington State Wrestling Coaches Association Classic. This year's tournament was the largest ever, with 1,500 participants from 150 teams.

Cruz is a sophomore at O'Dea.

Swim & Dive

The O'Dea Swim & Dive Team is leading its tournament with a 3-0 record. Senior Ryan Kelly is undefeated in the 200 Freestyle and the 100 Butterfly.

Congratulation Coach Dennis Kim 1st place at the Mike Kennedy Invitational. Coach Kim's team finished second in the team competition with 1,419 to the Rogers team. Coach Kim was also named Coach of the Year.

We have eight seniors who are strong - academic, and athletic. Senior Ryan Kelly is undefeated in the 200 Freestyle and the 100 Butterfly. Senior Ryan Kelly is a 3 year varsity letter winner. Senior Ryan Kelly has the best time in the 200 IM in the Greater Spokane League. Senior Ryan Kelly is a 3 time Greater Spokane League Champion. Senior Ryan Kelly is a 3 time Greater Spokane League Champion. Senior Ryan Kelly is a 3 time Greater Spokane League Champion. Senior Ryan Kelly is a 3 time Greater Spokane League Champion.

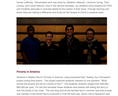
Inside the Classroom

Dave Ryan Lecture, Kevin Hines and Teacher, Hale O'Dea High School

Article written by Zach Gamach '21, Lowell Stuart Journalist

On Monday, January 27, Gonzaga University hosted its annual Dave Ryan Lecture, which this year was given by Kevin Hines, a suicide survivor and mental health advocate. Hines, the Hale O'Dea High School teacher and coach, delivered his talk to a crowd of about 1,500 people in the Gonzaga University Jepson Center. Hines's talk was part of a series of events that Gonzaga University had planned for January 27 to 29 to commemorate the 50th anniversary of the Dave Ryan Lecture.

After explaining how vitality grows and worsens by various patterns, Mr. Hines concentrated on the pattern of his own life, which was characterized by a lack of vitality. Hines said that he had felt like a "fake" for most of his life, and he had felt that he was a burden to his family and friends. Hines said that he had felt like he was a burden to his family and friends, and that he had felt like he was a burden to his family and friends. Hines said that he had felt like he was a burden to his family and friends, and that he had felt like he was a burden to his family and friends.



Senior Advocacy Project

Senior Advocacy Project is a class in which students learn about a topic of their choice and then work with their teacher to create a project that will inform their peers and teachers. Students have the opportunity to choose from a variety of topics, including mental health, substance abuse, bullying and cyber bullying, and many other topics. This year's Senior Advocacy Project topics included: Mental Health, Substance Abuse, Bullying and Cyber Bullying, Eating Disorders, Suicide Prevention, Sexual Assault, Domestic Violence, Human Trafficking, Gun Violence, Racial Discrimination, Gender Discrimination, Sexual Orientation, Gender Identity, and Gender Equality